



*The Wisdom Series presents an interactive talk:*

## "Off-Core, On-Core" by Michael Browne

- **Date & Time:** Wednesday, September 16 - 6:30pm
- **Location:** **New Lightshare Center**  
22701 El Camino Real  
Santa Margarita, California
- No registration necessary -- Just walk in  
Your \$20. donation is appreciated at the door (no one will be refused entry)

### **Description:**

#### **Off-Core, On-Core: How Do You Live Your Life?**

Off-core is the state of being lost or delusional, wondering and wandering in the confusion of your own life. Off-core people don't know who or what they are; they feel they don't own their identity. Off-core means you don't know what your life's purpose or mission is, and you don't know how to find it. You are disconnected from your energy sources. Off-core people live almost their entire lives seeking yet never finding, dreaming but never doing, struggling while never achieving.

It is an irony of modern life that despite self-help books, yoga, meditation, developmental seminars and retreats, TED Talks, spiritual coaches and sage public speakers, off-core people remain in a state of disharmony and discontentment.

In this interactive talk, we will analyze the warning signs of being off-core and together understand what it means to live your life *on-core*.

A novelist, features writer and blogger for the *Huffington Post*, Michael is a transformative coach, novelist, international businessman, public speaker and university lecturer. Please visit him at [www.michaelobrowne.com](http://www.michaelobrowne.com).